

Recreation and Wellness

MINUTES DATE: MARCH 6, 2019 TIME: 9:00 AM LOCATION: REC CTR BOARD ROOM

MEETING CALLED BY	Kristine Kraft, Chair				
TYPE OF MEETING	Monthly Meeting				
PRESIDER	John MacDonald, Administrator				
NOTE TAKER	Vacant, Secretary				
ATTENDEES	<p>Attendees: John MacDonald, John Roncone, James Thomson, Nathaniel Orndorf, Linda Subich</p> <p>Absent: Emily Njus, Eric Veigel, Nancy Lupi, Tre'Vion Beverly</p> <p>Absent with notice: Kris Kraft, Grace Kasunic</p>				
Agenda topics:					
9:00 AM	CALL TO ORDER				
DISCUSSION	<ol style="list-style-type: none"> 1. Review of agenda 2. 2-08-20 Minutes approval – did not have quorum 				
ROOFIT			JOHN MACDONALD		
DISCUSSION	<p>Program thoughts and ongoing development</p> <ul style="list-style-type: none"> - Discussion on current points and next weeks update - Revised final points deadline to Monday 3/30 due to Spring Break and Monday reporting - John M will send out week 7 (3/9) weekly update, include total points graph along with deadline change - Kris K assigned to send out final week 8 on (3/16) - Survey to be developed at next meeting to close out the program and build on 2021 - Look into 150 promotion of RooFit and possibility of 150 minutes per week 				
ROOFIT UPDATES			KRIS KRAFT		
DISCUSSION	Total point submissions by week for all participants. Total points for everyone = 30,074				
	1/27	2/3	2/10	2/17	2/24
	6046	6110	5762	6357	5799
WELLNESS POLICY DISCUSSION			JOHN MACDONALD		
DISCUSSION	<p>Benchmark data has been sent out. John M will re-send</p> <ul style="list-style-type: none"> - ACTION item for next meeting is to review this document, identify point/ideas that could work at UA - Send your ideas to Kris Kraft to be compiled and reviewed at the next meeting 				

ADJOURNMENT

JOHN MACDONALD

DISCUSSION

Next meeting: April 3, 2020, 9:00 a.m., Rec Center Conference Room.

The meeting was adjourned at 9:40am by unanimous consent.